

A Biblical Guide for Facing Challenging Times

By Pastor Bert Jones

In times like these, we need to go back to the fundamentals of our faith to experience God's plan for peace, protection, and provision.

Follow these Biblical guidelines as you face the uncertainty of difficulty:

1. Do not worry (Mt 6:25–27, 34) and do not fear (Ex 14:13; Dt 31:8; Ps 27:1; Is 41:10; 2 Tm 1:7).
2. Seek *first* the Kingdom of God (Mt. 6:23).
3. Remove any hindrances to prayer (Prv 66:18; 1 Pt 3:12)
4. Pray without ceasing, be anxious for nothing (1 Thes 5:17; Phil 4:6; 1 Pt 5:7; Ps 34:17).
5. Let the peace of Christ rule in your hearts (Col 3:15).
6. Put on the whole armor of God (Eph 6:10–20).
7. Stand in the strength of Christ (Phil 4:13; 2 Cor 12:9–10).
8. Give thanks in all circumstances (1 Thes 5:18; Col 3:15). Praise Him!
9. Do to others as you would have them do to you (Mt 7:12; Lk 10:27).
10. Look out for the needs of others, not just your own needs (Phil 2:4 NLT).
11. Be doers of the word (Jas 1:22; Col 3:16).
12. Honor the Lord with your possessions (Prv 3:9).
13. Trust in the Lord with all your heart (Prv 3:5–6; Is 26:3)
14. Walk by faith and not by sight (2 Cor 5:7; Mt 21:22; Mt 7:7–8).
15. Live with wisdom, righteousness, and devotion to God (Ti 2:12).
16. Keep your eyes on Christ (Heb 12:2), your mind on things above (Col 3:2) and on the *big* picture of eternity (2 Cor 4:16–18).
17. Run with endurance (Heb 12:1).
18. Stand on God's promises (Rom 4:21; 15:4; 2 Cor 7:1).
19. Abide in Christ (Jn 15:4–10) and in His presence.
20. Focus your thoughts on the right things (Phil 4:8 NLT).

*God is our refuge and strength, always ready to help in times of trouble.
(Psalm 46:1 NLT)*